



CYBERSECURITY AWARENESS MONTH

5 Simple Habits That Help Protect Your Business

Every October, organizations across the country observe Cybersecurity Awareness Month, a reminder that protecting your business, your data, and your clients starts with everyday habits. As your IT partner, we want to reinforce a few practices that go a long way toward keeping your organization secure.

Cyber threats continue to grow more sophisticated, and AI is making some scams more convincing and harder to recognize. The good news is that a few consistent habits across your team can make a big difference.

USE STRONG, UNIQUE PASSWORDS

Never reuse passwords across accounts. A password manager makes it easier to create and securely manage strong, unique passwords.

TURN ON MULTI-FACTOR AUTHENTICATION (MFA)

MFA adds another layer of protection if a password is compromised. Use it wherever available, especially for email, financial systems, and remote access.

THINK BEFORE YOU CLICK

AI is making phishing emails more polished and believable. Be wary of unexpected links, attachments, login requests, or messages that create urgency, even when they look legitimate.

KEEP EVERYTHING UP TO DATE

Software and device updates often patch vulnerabilities attackers can exploit. Install them promptly rather than continually clicking "remind me later."

WHEN SOMETHING LOOKS OFF, REPORT IT

Suspicious email? Unexpected MFA request? Unusual account activity? Report it right away. The sooner your IT team knows, the sooner they can investigate it.

CYBERSECURITY IS A TEAM EFFORT

Technology provides important layers of protection, but your employees are an important part of your defense. Network 1 provides security awareness training and phishing simulations to help your team recognize threats and build safer habits. We can also review your current security setup or identify areas that may need attention.

Have questions about your organization's security? Talk to your Network 1 Client Manager.



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